



Coaching Academy

Name: Topic:

Coaching Methodology

- Technical Progressive Tactical Progressive
 Functional Training Phase Play Shadow Play

Warm-Up Exercise	Organization / Instructions
Click inside box to insert diagram	

Main Theme Exercise 1

Main Theme Exercise 2

Click inside box to insert diagram	Organization Exercise 1 Organization Exercise 2	Click inside box to insert diagram
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Coaching Points: (Include Visual Cues)



Coaching Academy

Main Theme Exercise 3

Organization

Click inside box to insert diagram

Coaching Points

Diagram Team Shape - Provide Field Dimensions

Organization

Click inside box to insert diagram