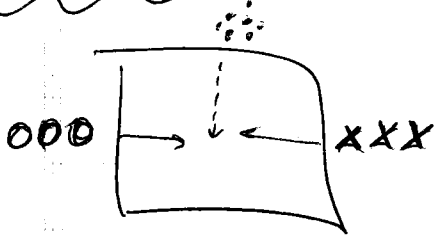


# Aggressive Drills



- Serve ball in from side
- Players attack for ball
- Winner = possession or bring back to trip or goal

2 v 1

3 v 1

one defender wins by touching the ball. others maintain possession