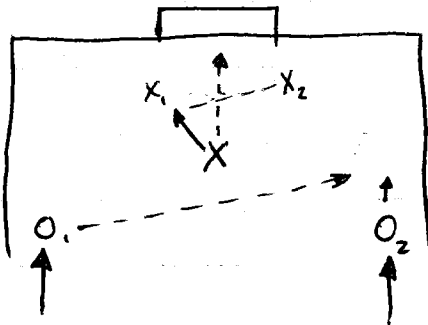


# Defending as a team.

Retreating from a position on the goal side of the ball  
 - 2 objectives.

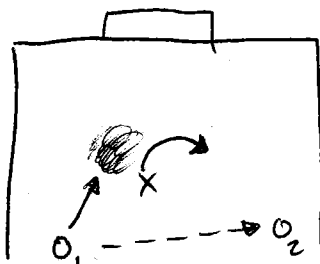
- allow time for other defenders to recover
- deny space to the back of the defense

Line of retreat

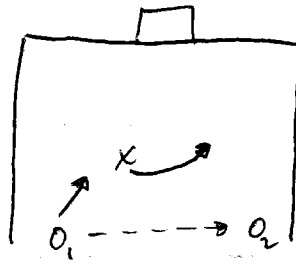


in theory straight line is best  
 in practice a zig zag is practical  
 to the point of retreat (goal)

keep players / ball  
 in view & keep  
 play in front of  
 defender



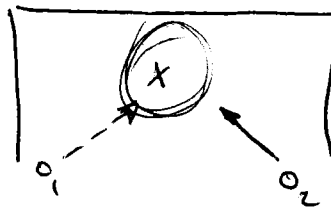
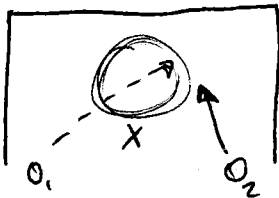
O1 exploits X's back turned  
 by moving into blind area



X has turned to keep  
 ball and play in front  
 and has moved into good defensive space.

never turn back  
 to opponents or ball

Maintain space  
 between attacker  
 & defender



retreat should be as slow <sup>as possible</sup>  
 The more passes attackers  
 make the more time they use  
 but they must not be  
 allowed to make the pass  
 behind the defender.