

"21" 4v4 GAME



Rules/Set-Up

Two teams, with each team divided into groups of 4.
Once a goal has been scored both teams must leave the pitch quickly and are replaced by the waiting players on the outside.

Play is continuous and the coach keeps score.

First team to score 21 goals is the winner.

The ball is passed on if it leaves play, no Throw-Ins.

Coaching Points and Insights:

Played within a small area, this game is fast paced and ensures that your players get lots of shooting and finishing opportunities.

Are the passes sharp and accurate?

Do they look up to assess the Goalkeeper's position before striking the ball?

How do they react after the initial finish, do they follow up for any rebounds?

You can condition the game by awarding double goals for a one-touch finish or one with the weaker foot .