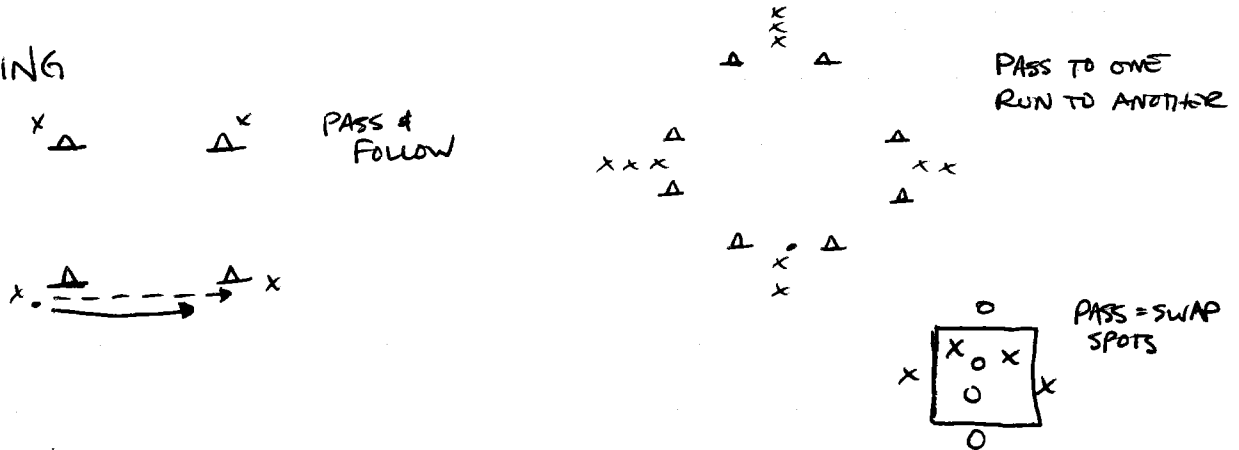


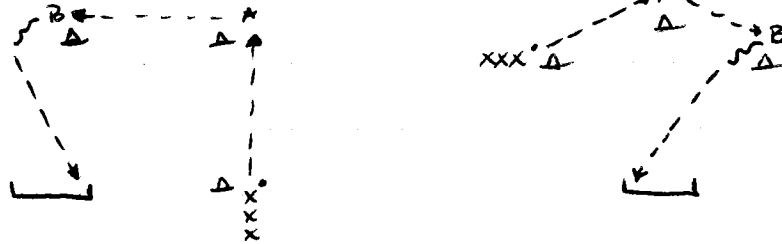
I. WARM UP

- A. SHADOW PARTNER
- B. KNOCK OUT

II. PASSING



III. PASSING & SHOOTING



IV. LINK 10 - LIMIT TOUCHES? POINT FOR MISSING FAR POST?

V. TRANSFER BOX

VI. 4 v 4 + 1

- 4 GOAL GAME
- TRANSITION GAME

VII. SSG / 5 v 5