

U10G 2010-05-14

I WARM UP / BALL FAMILIARITY - LARGE GRID

A. FREE DRIBBLING, MAX TOUCHES

1. SHORT BREAKS FOR PENDULUMS, TOE TOUCHES, ETC.

B. CADENCES - DO FREELY

II PASSING - LARGE AREA (WHOLE HALF?) 3:7 (BALL:PLAYER)

A. SIMPLE PASSING (w/ MOVEMENT AFTER PASS)

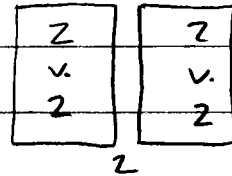
B. PASS WITH INSTRUCTION - "TIME" "MAN ON" "TURN" ETC.

OVERLAPS? = "HOLD", "YES"

III TRANSITION GAME "PART 2" (ONLY IF ALL 10 PLAYERS)

5 TEAMS OF 2, 1 TEAM RESTING WAITING FOR EITHER OF

OTHER 4 TEAMS TO GET SCORED ON



IV TRANSITION GAME 3 v 3 v 3

V TRANSFER BOX GAME (UP NOT BACK)

LARGE FIELD 4 v 4 / 5 v 5

VI SSG

FREE PLAY

3 LINE GAME

BALL ON CONE GAME

FINISH w/ WORLD CUPPY?