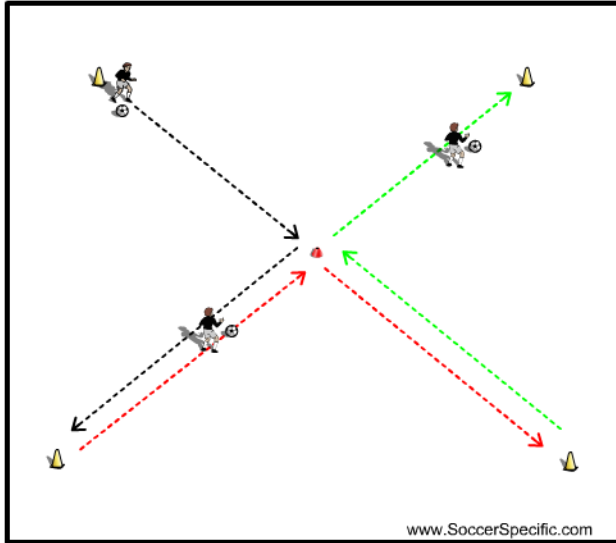


**ACTIVITY #1**

**Set up:** Appropriately sized grid with "defender" cone in middle  
3 players to a grid, ball each

**Instructions:** Dribble at defender, perform skill to create space,  
change of pace into space (toward next cone)

**Coaching Points:**



**ACTIVITY #2**

**Set up:** 2 teams attack the same 2 goals 1 by 1.

When ball is dead, attacker becomes defender for next teams  
attcker

**Instructions:**

**Coaching Points:**

