

5/19

U13

DAVID

BRN HAIR GLASSES

NEEDS

VLADIMIR

TRADITION

WASH

BOB

TANNER

BLUE

\* Basic Dribbling

- in grid
- head up, space, collisions
- turns

\* Turning techniques

\* Passing technique

in pairs

2 touch passing - keep ball moving.

\* Pass & move

- Square of 3 players
- Triangle game of 90 & overlaps

\* Small sided game, good passes, small goals / emphasis on quality & possession

Charles / Terry

Red

Joe / Terry

Yellow