

4/24/95 WAZATA GIRLS U16 I

### I WARM UP

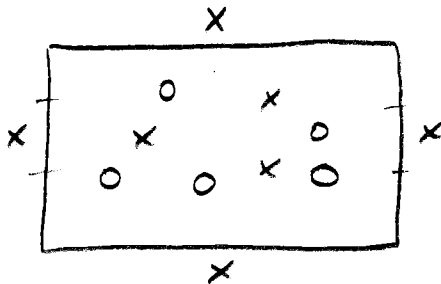
IN 3'S : ✓ TO / ✓ AWAY / TAKEOVERS / OVERLAPS / 1-2'S /

### II TALK - GET POSITIONS

- INTRO TERMINOLOGY

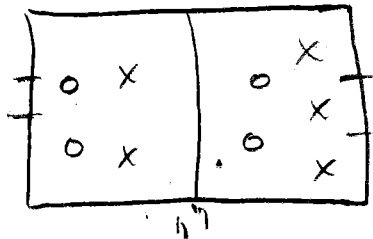
### III POSSESSION IN ATTACKING 1/3<sup>rd</sup>

EXAGGERATE X'S



3 v 5 IN MIDDLE 3 ALWAYS HAVE POSS. PLAYERS OUTSIDE HAVE 1 TOUCH (O WINS = GIVE BACK TO X) X GOES 1 WAY FIRST, MESS UP GO OTHER WAY 2 TOUCHS ON SIDES

- ADD GOALS



- 3 v 2 IN 1/2 OF FIELD, PLAY BALL INTO OTHER HALF AND CREATE 3 v 2 IN THERE

- 4 v 4 SMALL AREA

INCORPORATE RULES

2 TOUCH / PLAY & MOVE.