

1/11/95

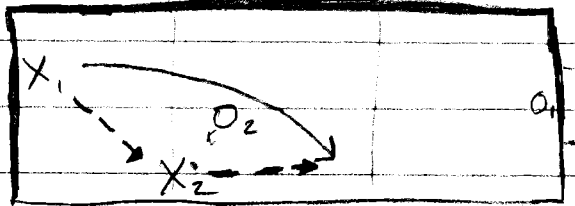
PLYMOUTH CREEK ELEM. SCHOOL

WAYZATA GIRLS U15, 16, 17.

ATTACKING
(CENTRAL
POSITIONS)

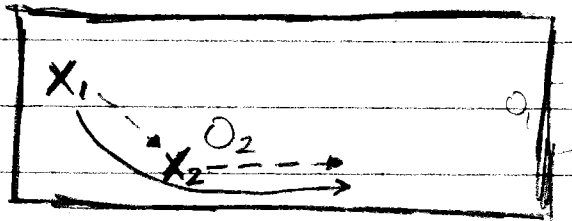
BLIND SIDE RUNS

X₁ PASSES TO X₂, WHO IS CHALLENGED BY O₂. X₁ RUNS TO THE BACK OF THE DEFENSE ON THE BLIND SIDE OF O₂, X₂ EITHER PASSES (OR KICKS IF O₂ DECIDES TO MARK)



OVERLAP RUNS

X₁ PASSES TO X₂, CHALLENGED BY O₂. X₁ MAKES OVERLAP RUN TO THE CHASE, X₂ EITHER PASSES BALL INTO SPACE FOR X₁ (OR KICKS IF O₂ DECIDES TO MARK)



CROSS-OVER PLAYS

X₁ PASSES TO X₂, X₁ FOLLOWS THE PASS X₂ CONTROLS AND DRIBBLES ACROSS THE FACE OF X₁. X₂ CAN EITHER STOP THE BALL & SPRINT FORWARD SO X₁ CAN SPIN, OR TRY TO STOP BALL & MAKE BALL TO ... OF O₁ ...

