

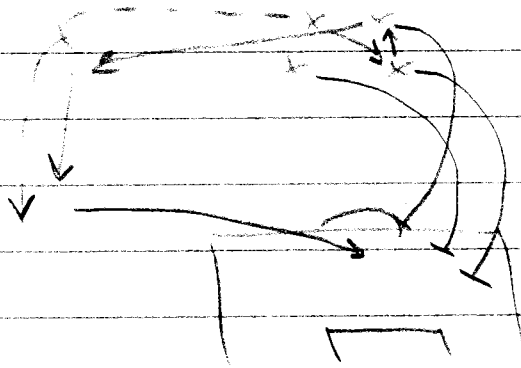
5/1/95 WAYZATA U16 CIRCS 0.1

I WARM UP

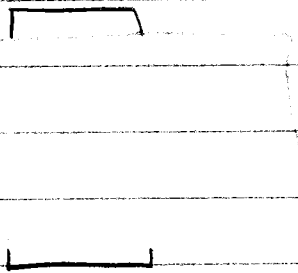
PASSING W/ PARTNERS PASS & MOVE TO OPEN SPACE (→ STOP)
USING INSTEP - INTO SHOOTING.

II OVERLAP DRILL

INCORPORATE TIMING AND SHOOTING.



III



- 3 TEAMS
- WINNER STAYS
- FAST SHOTS
- NO GOALIE = SIDE NET