

5/3/95

U16 WAUZATA GIRLS D I

I WARM UP.

A. PASSING

INSIDE } INCREASE DISTANCE
INSTEP }

II TURN, RUN, & SHOOT

~~III~~ SECTION GAME

~~II~~ LINK TEN

ATTACKERS DOWN IN HALF - shot 1 pt score 2 pts.

Def. - 10 CONSEC PASS = + CROSS HALF (1 pt.)