

D. 11 71  
18  
20

5/30/95

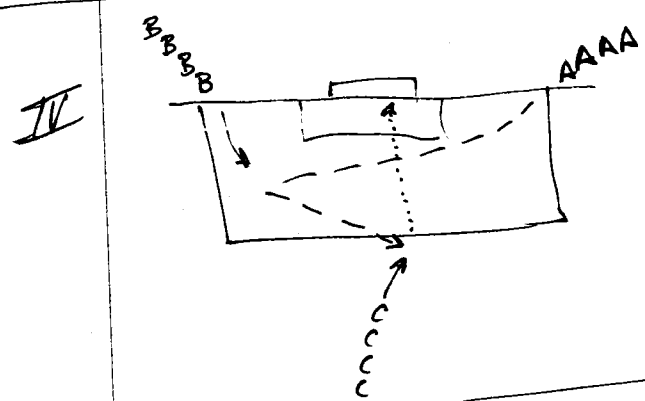
U12 & U17 GIRLS WAYZATA E.J.H.

I WARM UP  
DRIBBLING W/ TURNS & CHANGE OF PACE

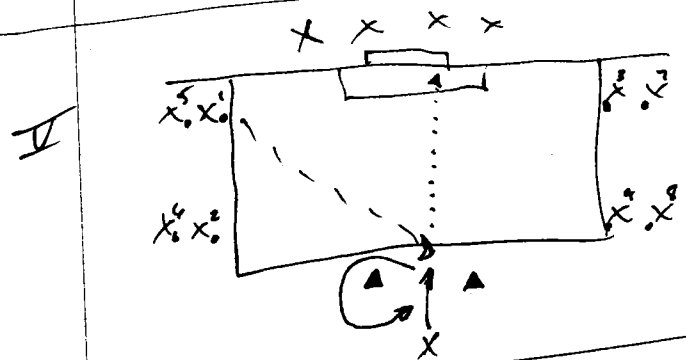
II INTRODUCE/REINFORCE SHOOTING SHAPE.



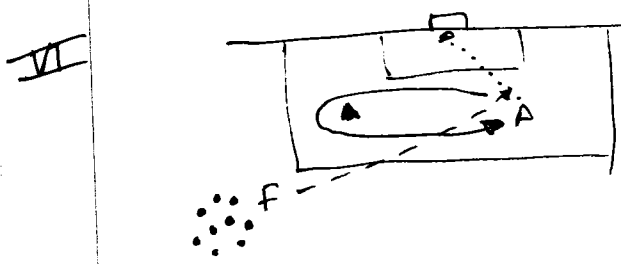
- BEAT THE OPPONENT  
- FIRST TO BALL SHOOT TO SCORE OTHER DEFEND  
? GO IN 2'S / 3V2



- A CHIP TO B  
- B PASS FOR C TO RUN ONTO  
- C SHOOT 1<sup>st</sup> TOUCH  
? ALL TOUCHES 1 TOUCH



- 60 SECONDS  
- 8 SHOTS  
- AROUND CONES EVERY TIME  
? BRACING PASS



- F TO AREA  
- A SHOOT THEN AROUND CONE  
? ADD DEFENDER & ANOTHER CONE