

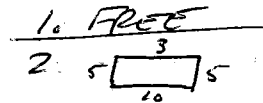
4/22/98

BLACKHAWKS GU19 01 PRACTICE - FRONT REC CENTER.

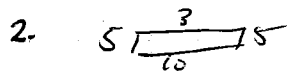
I WARM UP.

- 40
A. 5 v 2 POSSESSION
B. $\frac{1}{2}$ & $\frac{1}{2}$ PASSING
C. #'S PASSING
D. CONE DRILLS
- } STRETCHING

15
II 2 v. 1 TO END LINES - 10 X 20 GRID



10
0
III 2 v. 2 1. FREE TO END LINES 15 X 20



5
IV 4 v. 4 40 X 20 GRID 2 GOALS

15
V 3 LINE GAME
SMALL SIDED GAME W/ GK'S

ANNOUNCEMENTS:

- DISCUSS CALENDAR
- GO OVER CALLING TREE.
- Wed. must have dates unavailable