

23
NORTH
11:00

5/20/06 PRACTICE/GAME

U6

✓ ISABEL
✓ HANNAH
✓ TIA
✓ EMILY
✓ RHEA
✓ ALISSA
✓ ~~MERISSA~~
✓ SOPHIE
✓ MACY

I. WARM UP / BALL FAMILIARITY

- DRIBBLING IN GRID

- DRAG BACKS / HOOKS

- STOP & GO

II. KNOCK OUT

III. SPACE INVADERS - CRAB KNOCKOUT

IV. SOCCER FREEZE TAG