

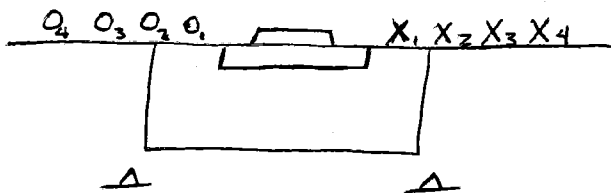
5/12/07 3:00 14 SOUTH PRACTICE / GAME U6

I. WARM UP

- DRIBBLING IN GRID - USUAL EMPHASIS.

II. SHOOTING GAME

- 2 EVEN TEAMS
- ASSIGN #'S TO PLAYERS (MATCH FOR SIZE/SKILL)
- CALL #'S, PLAYERS RUN AROUND CONE & COMPETE FOR SHOT ON GOAL.



"IT IS BETTER TO SHOOT AND MISS THAN TO NOT SHOOT AT ALL"

- ENCOURAGE EARLY SHOT / DONT DRIBBLE INTO GOAL

III. KNOCKOUT GAME

- ENCOURAGE USUAL DRIBBLING SKILLS.

GAME EMPHASIS

SCORING GOALS IS ALWAYS FUN / GOOD, BUT THERE ARE BETTER THINGS TO DO DURING THE GAME - SHOWING GOOD SKILLS (DRAG BACKS, HOOKS, PEPPER PASSING / SHOOTING TECHNIQUE, HAVING THE MOST / BEST SPACE)

"I'D RATHER SEE EVERYONE DO A GREAT DRAG BACK AND MAKE A GOOD PASS THAN SEE EVERYONE GET A GOAL. HOW MANY DRAG BACKS CAN YOU DO TODAY?"