

MORE SPATIAL AWARENESS

5/6/08 EPSC GU9 PRACTICE 6-7³⁰ Pleasant Woods

I 2 large grids
girls $\frac{1}{2}$ & $\frac{1}{2}$ in each grid
knockout in each grid - once knocked out go to other grid/continue.

II 3 small "box" goals
3 even teams.
Free play - bring ball under control in assigned box for point
*** 2 balls? ***

III "MODIFIED LINK 10" (LINK 5?)
CREATE OVERLOAD #'S UP FOR 1 team
#'S UP ATTEMPT 5? PASSES (clean)
#'s down play "knockout"

IV Balls on Cones game
multiple balls playing

V SSG
- EMPHASIS \rightarrow get girls to start looking for triangles
w/in game.

FFW



no ball
1 w/ ball
2 w/ ball.