

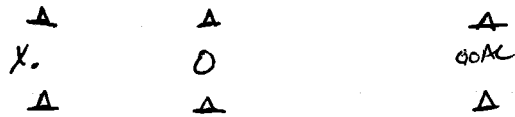
5/10/08 EPSC GU9 PRACTICE FLYING CLOUD

I. INSIDE OUTSIDE INSIDE OUTSIDE

II. KNOCK OUT

2 GRIDS - MAYBE 3 GRIDS

III. "GOAL SIDE" DRILL (IN 2'S)

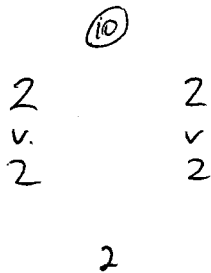
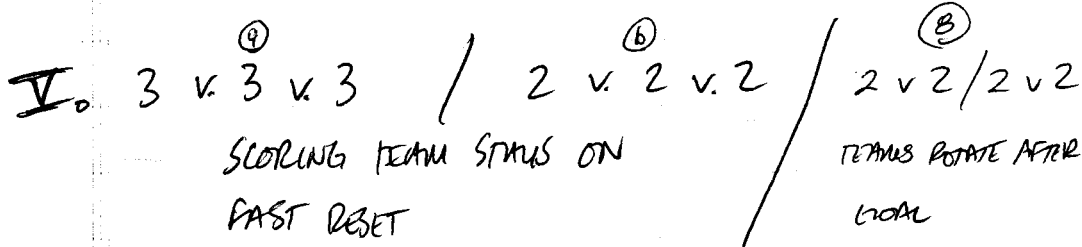


X PASSES TO O
 O ATTEMPTS TO DRIBBLE THRU GATE / GOAL
 X TRIES TO PREVENT
 RESET / CHANGE OVER

ENSURE PASSES ARE GOOD

IV. BALLS ON CONES GAME

- MUST BE KNOCKED OFF W/ A GOOD PASS



5 TEAMS OF TWO
 1 team resting waiting
 For either of other
 4 teams to get swapped on

V. S.S.G. FREE PLAY

VI. POSITIONING.