

6/28/08 EPSC U96 PRACTICE
10-1130

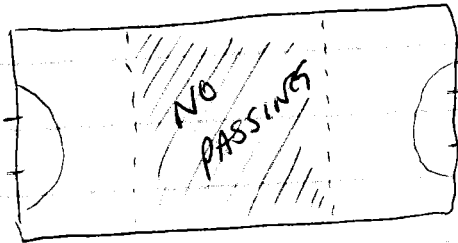
FULL MOON CLOUD

I WARM UP

2 GRID KNOCKOUT

II CONES GAME W/ END LINE BOUNDARIES (NO PLAY BEHIND CONES)

III NO PASSING GAME



- LARGE SSG FIELD W/ GOALS
- PLAYERS CANNOT ENTER CREASE IN FRONT OF GOAL
- PASSING IS ONLY ALLOWED IN END THIRDS
- BALL MUST BE DRIBBLED IN MIDDLE THIRD

COACHING POINTS:

- ENCOURAGE EARLY SHOTS
- DIFFERENTIATE DRIBBLING VS. RUNNING W/ BALL

IV WORLD CUP SHOOTING GAME

- TEAMS OF 2 OR 3
- CREASE IN FRONT OF GOAL TO ENCOURAGE EARLY SHOT
- PLAYERS TRACK THEIR OWN SCORE

V STREET SOCCER

- SETUP 4 V 4 / 5 V 5 SIZE FIELD
- SPLIT INTO 2 EVEN TEAMS
- GIRLS PLAY BY THEIR RULES - NO COACH INPUT
- ONLY GET INVOLVED IF NEEDED

(GIRLS TAKE TOO MUCH TIME RESTARTING - FOR EXAMPLE)

NEXT PRACTICE = TUESDAY JULY 1ST @ PHEASANT WOODS

FIND OUT WHO WANTS TO BE GK @ NEXT GAME JULY 8 IN MITRA