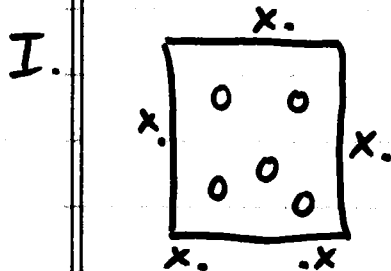


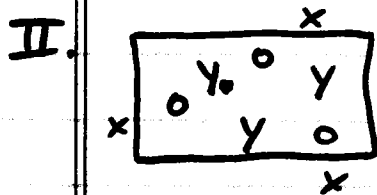
RECAP OF LAST SESSION → PASSING



- ✓ TO / AWAY FOR PASS
- COUPLE TOUCHES, BACK TO DIFFERENT OUTSIDER

FOCUS :- 1<sup>ST</sup> TOUCH / RELIEVING  
- ACCURATE PASSES  
- CHECKING ANGLES

COACHING POINT: PASSING TECHNIQUE RECAP



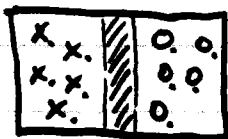
- X'S ARE FREE PLAYERS, MUST PASS BACK TO SAME TEAM
- PLAY TO 5 OR 10 PASSES DEPENDING ON SUCCESS.

VAR: X'S 1 TOUCH ONLY

III. 4 CORNERS GAME

- 1 POINT FOR GOAL
- 5 POINTS FOR GOAL AFTER CHANGING FIELD
- 10 POINTS FOR 10 CONSECUTIVE PASSES

IV. CLEAN THE YARD



- 2 min.
- BALLS OUT OF YOUR YARD ; IN OTHER TEAMS
- NEUTRAL IN MIDDLE
- ACCURACY COUNTS

FILLER :- PAIRS PASSING - 1<sup>ST</sup> TOUCH OUT TO SHOULDER, GOOD 2<sup>ND</sup> TOUCH

- BETWEEN 4 CONES Laterally

- CONES GAME