

FULL FIELD IF POSSIBLE

NATURAL
PLAY

10/9/08 U96 EPSC PRACTICE

5⁴⁵ - 7¹⁵

I. WARM UP

- KEEP AWAY - AROUND CENTER CIRCLE

II. 4 CORNERS

- TEAM MAY SCORE ON EITHER OF 2 GOALS ON ATTACKING SIDE, MUST DEFEND THE 2 IN THEIR DEFENSIVE 1/2

FOCUS

- PASSING / MOVEMENT
- EARLY SHOTS

III. BALLS ON CONES GAME ???

IV. FULL FIELD - FREE PLAY

- NO GK'S
- PLAYERS MAY NOT ENTER ~~GOAL~~ PENALTY AREA IN THE ATTACKING HALF.

FOCUS:

- PASSING / MOVEMENT
- EARLY SHOTS

★ ★
- STAY WIDE IN
DEF. 1/3

(SEVERAL SHORT BREAKS → STRATEGY ETC.)

DEFENDERS ONLY FOR THROWS & CORNERS