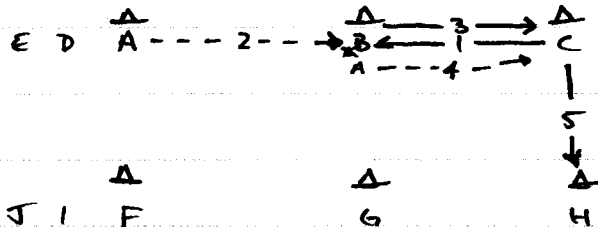


6/30/09 U96 EPSC PRACTICE 6-7<sup>30</sup>

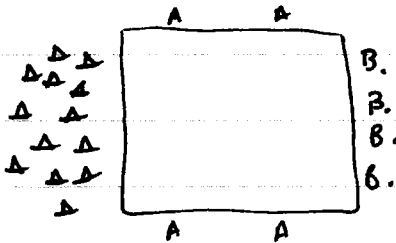
I 2 TEAMS VS. 1 TEAM POSSESSION

II



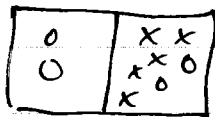
- C PASSES TO B, A CLOSES SPACE TO PREVENT TURN
- B PLAYS SAFE PASS BACK TO C, A CLOSES AGAIN
- C PLAYS SAFE SQUARE PASS TO H
- WE HAVE PREVENTED A FORWARD PASS & WILL TAKE THE LESS DANGEROUS SQUARE BALL.

III PASSING / CONTROL / AWARENESS



- B'S DRIBBLE / GET A CONE & BRING IT BACK
- A'S TRY TO HIT LEGS OR BALL
- IF B'S BALL / LEGS ARE HIT, GO BACK FOR DIFF. CONE OR RESTRICT FROM LINE
- TIMED

IV TRANSFER BOX



V TRANSITION GAME - 3 TEAMS - SCORING TEAM STAYS

VI 4 CORNERS GAME

VII SSG